

Wise Youth Group was founded by the Wise Women Gathering Place, with ongoing support as well from Oneida Housing Authorities, Oneida Youth Enrichment Services, and Oneida Police Department.

If you would like more information or are interested in supporting our group please feel free to contact any of the advisors via email or phone.

Isabel Parker, OHA Rec. Specialist, iparker@oneidanation.org
920-498-2011

Wise Women Gathering Place
bscow@wisewomengp.org
920-490-0627

Physical

- yoga
- dance
- be active
- beading
- take on new challenges
- sewing
- scrapbooking
- eat healthy
- peppers
- Exercise
- engage in healthy activities

Mental

- get educated
- read a book
- do puzzles
- try something new
- stay in school
- discovery dating
- QPR
- top facilitation
- know your culture

WAYS TO BE WISE!

- participate in community
- go to church/longhouse/sweats
- meditations - me time
- PRACTICE YOUR SPIRITUALITY**
- singing
- create art
- volunteer
- drumming

Wise Youth

- respect for your elders & all life
- enjoy your work
- support your friends
- have a positive attitude
- express your feelings in a positive way
- care for a pet
- WRITE A POEM
- Communicate
- Socialize

Spiritual

Emotional

Wise Youth Group

Wise Youth Group

Wise Youth Group's mission

IS TO EDUCATE OUR PEERS, COMMUNITY, AND FAMILY ON THE PREVENTION OF ALCOHOL ABUSE, DRUG ABUSE, AND TEEN VIOLENCE.



Our Commitment

We are committed to promote alternatives to alcohol, drug abuse, and teen violence. We will do so by coordinating fun activities that will educate our peers, families, and community.

Wise Youth Group is driven by youth grades 6th-12th who are interested providing activities that promote the prevention of alcohol, drug, and violence with in our community.

We are able to do so, by providing opportunities for youth to plan, coordinate, and occasionally facilitate prevention activities within our communities, schools, as well as other communities.



Benefits of becoming a Wise Youth Group member

- 1. Doing fun stuff with fun people*
- 2. Being part of a group committed to positive change*
- 3. Gain knowledge of various healthy and unhealthy behaviors*
- 4. Learn to support your fellow peers*
- 5. Become a positive role model*
- 6. Receive skills that will help you as an individual to plan and prepare for life's struggles*
- 7. Become a leader within your community*
- 8. Meet new people*
- 9. Opportunities to travel*
- 10. Demonstrate your skills in various contexts*
- 11. Increase your social network*
- 12. Free Food and beverages*



If I had to list them all we wouldn't have room to tell you how you can become a Wise Youth Group member!!!



If you want to become a member it is really easy!

Just come to our weekly meetings

**Every Friday
3:30-5:30 p.m.
3 Sisters
Community Center**

Transportation to and from the meetings can be arranged by contacting Isabel Parker, OHA Recreation Specialist, prior to 3:00 p.m. at 920-412-0396



- Activities we have done so far:**
- Fundraisers
 - Leadership Trainings
 - Field trips
 - Cultural Awareness Activities
 - Planned Intervention and Prevention workshops
- Ex. Suicide prevention, Alcohol and Other Drug Addictions, teen pregnancy prevention, and building healthy relationships.
- Youth retreats
 - Informational mailings
 - Family involvement activities
 - Independent Living Skills
 - Participated in various community events
 - Lock-in's
 - Community Dances